

# Meals Calculation Worksheet

Name: \_\_\_\_\_ Year: \_\_\_\_\_

Month: \_\_\_\_\_

Date	Hours away from home	Hours at home	Total Hours	Hours away from home. U.S.?	Number of CAN meals	Number of USA meals
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
31						
<b>Total</b>						